TICS	Classic	KINESID TEX	Perfőrmance◆	
CTERIS	KNESIO	RINESIO	RANGE OF THE STATE	Light Touch
CHARACTERISTICS		KINESIO TEX	The stop	(in development)
Best Use	Support · Stability Event / Sports Use Deep Tissue Applications	Rehabilitation · Edema Control Neurological Conditions EDF™ Applications (Epidermis, Dermis, Fascia)	Support · Stability Flexible/comfort Pressure release for muscle	
Gentle on Skin	✓	✓	✓	✓
Latex Free	✓	\checkmark	✓	✓
Water Resistant	✓	✓	✓	✓
Multi-Day Wear	✓	✓	✓	✓
Deep Tissue Stimulation	✓	✓	✓	
Medium Layer Stimulation		✓	✓	
Superficial Layer Stimulation		✓	✓	✓
Ultra Light Stimulation		✓		✓
Micro-Grip™ Deep Set Adhesive (Better grip with less adhesive)		✓	✓	✓

SILCS	Classic	KINESID TEX	Perfőrmance◆	
STERIS	KINESIO	KINESIO		Light Touch
CHARACTERISTICS		KINESIO TEX	The state of the s	(in development)
Best Use	Support · StabilityEvent / Sports UseDeep Tissue Applications	Rehabilitation · Edema Control Neurological Conditions EDF™ Applications (Epidermis, Dermis, Fascia)	Support · Stability Flexible/comfort Pressure release for muscle	
Flexible	Uni-directional motion	Multi-directional motion	Multi-directional motion	
Best Use Target Area	Deep muscle, Ligaments, Joints	E.D.F.	Deep Fascia, Surface Muscle	Dermis, Superficial Fascia
Pain Control	Pain from movement	Sharp pain	Numbness, Pain, Soreness	
Preventive/Corrective	\checkmark	✓	✓	✓
Best Shape	I strip Y strip X strip	E.D.F. cut Jellyfish	Snowflake	
Creating Space	\checkmark	✓	✓	✓
Creating Cool	√	✓	✓	√
Creating Movement	√	√	✓	✓
SYNC TM (Body and Tape Syncing Together)	Dynamic	Re-evolutionary	Evolutionary	Natural