| CHARACTERISTICS  | Classic   | KINESID TEX KINESID TEX  | Performance •  | Exclusively for Kinesio* Practitioners  KINESID* TEX  GOLD*  KINESID TEX  KINESID TEX  KINESID TEX  LIGHT |
|--|---|--|--|---|
| Best Use   | · Support · Stability<br>· Event / Sports Use<br>· Deep Tissue Applications | Rehabilitation · Edema Control     Neurological Conditions     EDF™ Applications     (Epidermis, Dermis, Fascia) | Support · Stability     Flexible/comfort     Pressure release for muscle | Geriatric to Prédiatric patients     Skin Sensitivity     Recommended single day use                      |
| Gentle on Skin   | $\overline{\hspace{1cm}}$   | $\overline{\hspace{1cm}}$  | <b>√</b>   | <b>─</b>  |
| Latex Free   | <b>√</b>  | <b>√</b>   | <b>✓</b>   | <b>✓</b>  |
| Water Resistant  | ✓   | $\checkmark$   | <b>✓</b>   | <b>✓</b>  |
| Multi-Day Wear   | ✓   | ✓  | ✓  | <b>✓</b>  |
| Deep Tissue<br>Stimulation   | ✓   | ✓  | ✓  |   |
| Medium Layer<br>Stimulation  |   | <b>✓</b>   | ✓  |   |
| Superficial Layer<br>Stimulation                                     |   | ✓  | ✓  | ✓   |
| Ultra Light<br>Stimulation   |   | ✓  |  | ✓   |
| Micro-Grip™<br>Deep Set Adhesive<br>(Better grip with less adhesive) |   | ✓  | <b>✓</b>   | <b>✓</b>  |

| STICS   | Classic   | KINESIO TEX  | Performance+   | Exclusively for Kinesio* Practitioners  KINESIO* TEX  GOLD                           |
|---|---|--|--|--|
| CHARACTERISTICS                                     | KINESID   | KINESIO TEX  | CAMBRIDA (CONTROL OF CONTROL OF C | KINGSLO TEX LIGHT  |
| Best Use  | <ul><li>Support • Stability</li><li>Event / Sports Use</li><li>Deep Tissue Applications</li></ul> | Rehabilitation · Edema Control     Neurological Conditions     EDF™ Applications     (Epidermis, Dermis, Fascia) | Support · Stability     Flexible/comfort     Pressure release for muscle   | Geriatric to Prédiatric patients     Skin Sensitivity     Recommended single day use |
| Flexible  | Uni-directional motion  | Multi-directional motion   | Multi-directional motion   |  |
| Best Use<br>Target Area                             | Deep muscle, Ligaments,<br>Joints   | E.D.F.   | Deep Fascia,<br>Surface Muscle   | Dermis, Superficial Fascia   |
| Pain Control  | Pain from movement  | Sharp pain   | Numbness, Pain, Soreness   |  |
| Preventive/Corrective                               | ✓   | ✓  | ✓  | <b>✓</b>   |
| Best Shape  | I strip<br>Y strip<br>X strip   | E.D.F. cut<br>Jellyfish  | Snowflake  |  |
| Creating Space                                      | $\checkmark$  | ✓  | ✓  | <b>✓</b>   |
| Creating Cool                                       | ✓   | ✓  | ✓  | <b>✓</b>   |
| Creating Movement                                   | ✓   | ✓  | ✓  | <b>✓</b>   |
| SYNC <sup>TM</sup> (Body and Tape Syncing Together) | Dynamic   | Re-evolutionary  | Evolutionary   | Natural  |