

2015

KINESIO EQUINE GUIDE

“When you stimulate the hair, you also stimulate the skin and below the skin. This will help keep down inflammation and support the surrounding tissues all while providing a flexible support with the range of motion of various animal muscles and joints. This is called Follicular Stimuli Technology”. – Dr. Kenzo Kase



How Does Kinesio Taping Equine® Work?

Researched, designed and tested for the unique anatomy of a horse. The culmination of over 35 years of Kinesio education has now been developed for equine athletes. Equine skin has more hair than human skin so Kinesio Equine Tape® has a stronger adhesive allowing it to adhere longer and stimulate the hair follicles for enhanced effects. Follicular stimulation transmits to the deeper tissue layers creating more space and allowing lymphatic fluids to flow more freely to aid in healing and reduce swelling.



Warnings

KINESIO TAPING IS NOT A SUBSTITUTE FOR VETERINARY CARE. Clean and dry hair prior to application. Kinesio Tape Not suitable for your horse when infection is present, skin is irritated, open wounds or horse shows tape sensitivity.

Kinesio Equine Tape® is not for use on human skin. It should not be used on broken or irritated skin, and it may be advisable to consult your veterinarian before taping for certain conditions.

Kinesio Equine Tape Qualities

Kinesio® Equine Tape utilizes the same Kinesio Tex Gold FP technology along with the following unique features:

- Adhesive designed for Equine (with stronger adhesive for equine performance & hair)
- Naturally Formulated Additive to Discourage Ingestion
- New Non-Pattern weave for lighter touch and to prevent overstimulation



Equine Application Guide

How to apply: **Kinesio Equine Back Application**

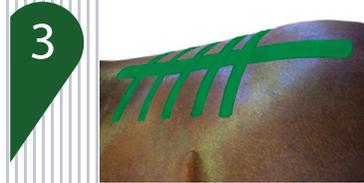
Designed to provide support for back muscles and relax back fascia.



Measure one I strip starting from middle of back at hips to just behind the withers. Apply the tape between the hips with no tension.



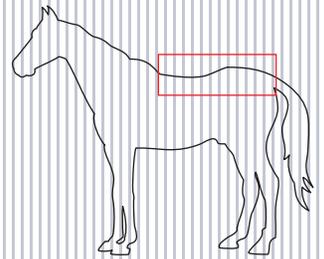
Apply the tape with paper off tension moving up the spine from the hips to the withers. Apply the tape directly over the spine. End the tape with no tension at the withers. Rub application to activate.



Cut five I strips approximately 8 inches long. Apply each I strip across the spine with off tension. Each strip should be at an equal distance along the spine from the withers to just before the hips.



Rub entire application gently to active adhesive.



How to apply: **Kinesio Equine Shoulder/Neck Application**

Designed to provide support for shoulder muscles and alleviate shoulder tension.



Measure one I strip starting from middle of shoulder blade to half way along crest of neck. Apply the tape at the middle of the shoulder blade with no tension. Rub gently to activate adhesive.



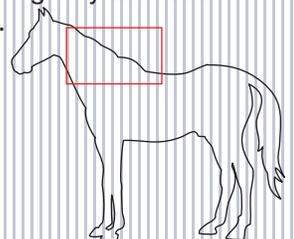
Move the horse's neck to the opposite side, and apply the tape with paper off tension to the crest of the neck. End with no tension. Rub the tape gently to activate adhesive.



Measure another I strip starting from the middle of the shoulder blade to just over the withers. Withers should be lifted while tape is applied. Apply the tape over the shoulder blade with no tension.



Apply over the withers with paper off tension. End over the withers just behind the shoulder with no tension. Rub entire application gently to active adhesive.





The Kinesio Customer Helpline is available Monday to Friday 9am to 5pm MST (888) 488-TAPE
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